

# Wellesley Haddon Dene Lent Term Menu – Week 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Filled croissants Toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice	Bacon Scrambled eggs Toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice	Monte Christo toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice	Sausages hash browns beans toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice	Pancakes toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice	Eggs benedict toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice	Full English fried egg bacon sausages beans mushrooms toast Mixed yoghurts fresh fruit Selection of healthy cereals Fruit juice
<b>LUNCH MAIN</b>	Spaghetti carbonara	Chicken chow mein	Sausages	Roast turkey & stuffing	Breaded Cod	Breaded chicken	Packed lunch
<b>VEGETARIAN</b>	Spaghetti carbonara	Vegetable chow mein	Vegetarian sausages	Stuffed peppers	Fishless fish	Southern fried quorn escalope	Packed lunch
<b>VEGETABLES</b>	Garlic bread sweetcorn	Egg fried rice Spring roll	Mash potato Broccoli	Roast potatoes Green beans Cauliflower cheese gravy	Chips peas	Herb diced potatoes Sweetcorn BBQ sauce	Packed lunch
<b>DESSERT</b>	Waffles & chocolate sauce	Old school iced sponge	Bakewell tart	Fresh fruit bowl	Fruit Jelly	Cupcakes	Fresh fruit
<b>SUPPER MAIN</b>	Southern fried chicken burger	Slow cooked pork belly	Pizza	Butter chicken	Beef Tagine	Beef burgers	Roast pork & apple sauce
<b>VEGETARIAN</b>	Halloumi + grilled peach burger	Risotto with artichoke hearts	Pizza	Aubergine curry	Moroccan Crockpot	Vegetarian burgers	Wholemeal pasta & mushroom sauce
<b>SIDES</b>	Homemade brioche bun Salad garnish French fries	Apple gravy Garlic mash Curly kale	Potato wedges Salad	Pilau rice Naan bread Bombay potatoes	Vegetable couscous Homemade pitta	Brioche bun Salad French fries	Roast potatoes Cabbage Honey roasted carrots
<b>DESSERTS</b>	Honeycomb choux bun	Mini doughnuts	Fresh fruit platter	Rocky roads	Fruit Scones with jam and cream	Sponge cake	Apple pie and vanilla ice cream

Wellesley Haddon Dene cater for special dietary requirements. Please contact the Catering Manager [zg@wellesleyhaddondene.co.uk](mailto:zg@wellesleyhaddondene.co.uk) if you wish to discuss.  
Fresh drinking water and fruit are available with all meals. Menus are subject to change.