



Dear Parents and Guardians,

September 2023

You will be aware that, as a part of your child's educational experience at Wellesley Haddon Dene, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education. This provides our children with the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. The Department for Education made Relationships Education and Health Education compulsory in all primary schools, and Relationships, Sex and Health Education compulsory in all secondary schools in September 2020.

### **What does the guidance mean?**

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships. Learning about the emotional, social and physical aspects of growing up, it will give young people the information, skills and positive values to have safe, fulfilling relationships and will help them take responsibility for their own well-being. All the sessions will be age-appropriate and meet the needs of all pupils in the class. In years 7 and 8 Sex Education will be taught at Wellesley Haddon Dene as part of the science and PSHE curriculums.

### **How will this be delivered?**

This guidance will form part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff.

All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

An overview of our PSHE curriculum and RSE policy are available from the office upon request. You will be given the option for your child to 'opt out' of some of the lessons before the programme of study starts.

### **What if I have any questions?**

As a school community, we are committed to working with parents and listening to your views. If you would like to find out more, have any concerns or would like to make any comments or provide feedback, please contact the school office. A parent information guide can be found attached.

Kind regards

Anna Elliott - PSHE Lead at Wellesley Haddon Dene

**HEADTEACHER:** Mrs Joanne Parpworth BSc (Hons), PGCE, NPQH